

RURAL HEALTH TRAINING CENTER - SAHANI **HOSPITAL**

INTRODUCTION

Sahani Hospital serves as the Rural Health Training Centre (RHTC) of Malabar Medical College Hospital & Research Centre, functioning under the Supervision and guidance of Dr. Krishna Raj J.S (In – Charge), Associate Professor, Community Medicine Department, Malabar Medical College Hospital & Research Centre. The RHTC is an integral part of Undergraduate and Postgraduate Community Medicine training, providing opportunities for students to gain hands on experience in rural health care delivery and community health practices.

VISION

To serve as a model rural health center that integrates education, service and research to improve the health and wellbeing of rural populations.

MISSION

- To provide comprehensive, quality and affordable healthcare to rural communities.
- To develop community oriented medical professionals to field based learning.
- To promote health awareness and preventive care through community participations.
- To support implementation and evaluation of National Health Program in the field practice area.
- To generate community-based evidence for improving rural health policy and practices.

OBJECTIVES

- To offer primary health care services covering preventive, promotive, curative and rehabilitative aspects.
- To train interns, Postgraduates & Bachelor of physiotherapy students in community health and public health practice.
- To organize health education sessions and awareness campaigns for the local populations.
- To conduct community surveys and family studies.

FACILITIES AND SERVICES

This center catering to a rural population of around 30,000, is a 30 bedded health center. The Specialty clinics functions with faculties from various departments (General Medicine, General Surgery, Obstetrics & Gynecology, Pediatrics, ENT, Ophthalmology, Neurology, Dermatology, Urology, Orthopedics, Anesthesiology, Cardiology, Gastroenterology, Dental Surgery). Regular free optometric services are given on a daily basis. Sahani Hospital is equipped to handle critically ill or injured patients having life threatening conditions, with 24-hour functioning Emergency Medicine department.

FIELD AND OUTREACH ACTIVITIES

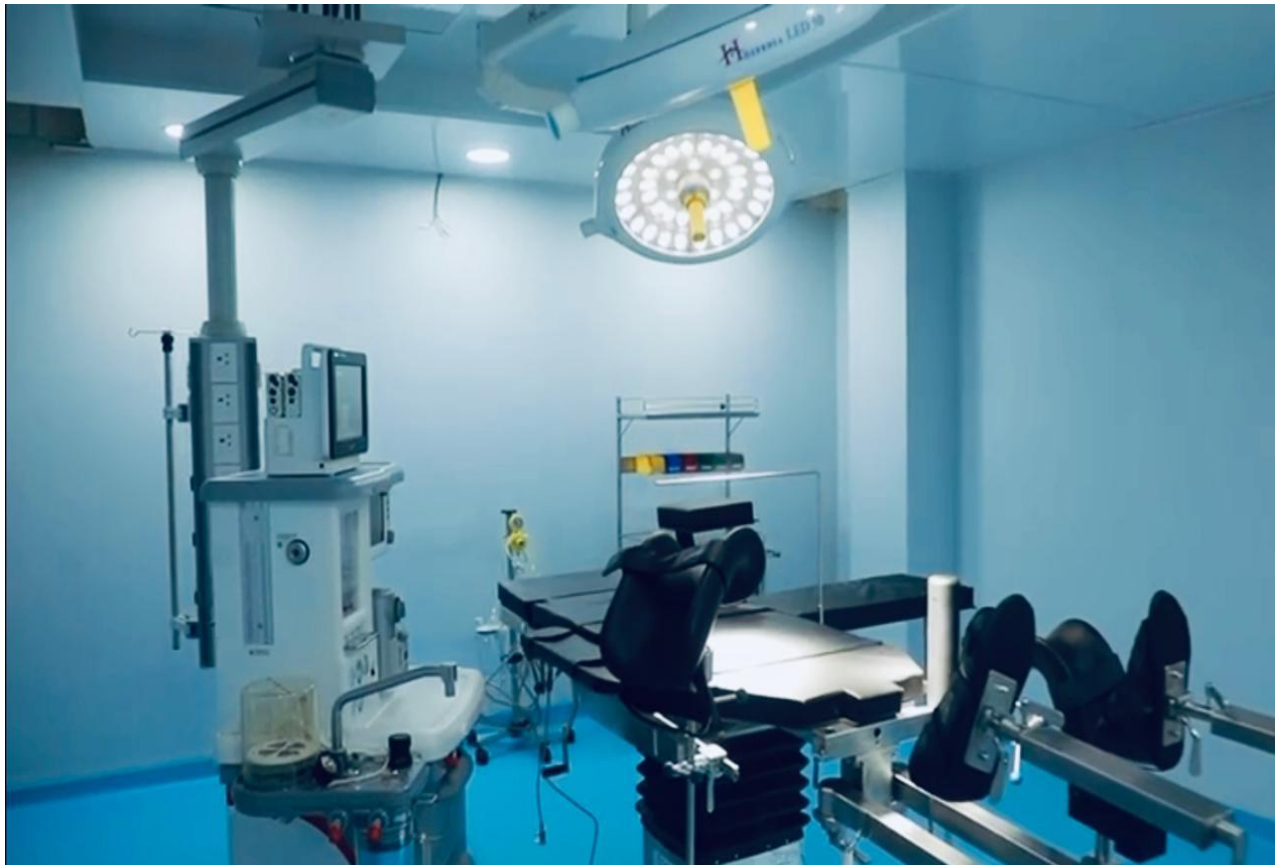
- Palliative care is providing in association with Seva Bharathi on weekdays and with NEST (DHC, NHC) on every Saturdays.
- Organizes free medical camps to provide general consultations and basic health check -up services to local population and necessary medications were prescribed free of cost. Cases requiring further investigation or specialized care were referred to appropriate specialties in Malabar medical college during the medical camps.

ACADEMIC AND TRAINING ACTIVITIES

- Undergraduate and internship training in community health.
- Research and dissertation work for community-based studies.
- Use of family folders and health records for monitoring.









ENTRANCE

❶ ഐ വി വിഭാഗം
❷ ഫാർമസി
❸ ലബോറട്ടറി
❹ അൾട്രാസൗണ്ട് സ്കാൻ

- ചികിത്സാ വിഭാഗങ്ങൾ (Departments)**
- 24 Hrs അംഗുലി രക്തം (24 Hrs Emergency Dept.)
 - ജനറൽ മെഡിസിൻ (General Medicine)
 - ഗർഭിണികൾ (Obstetrics & Gynaecology)
 - പീഡിയാട്രിക്സ് (Pediatrics)
 - ന്യൂറോളജി രക്തം (Neurology)
 - ഓർത്തോപീഡിക്സ് (Orthopaedics)
 - ജനറൽ സർജറി (General Surgery)
 - ന്യൂറോളജി (Neurology)
 - ഫിസിയോളജി (Physiology)
 - ഡെർമറ്റോളജി (Dermatology)
 - യൂറോളജി രക്തം (Urology)
 - ഓർത്തോപീഡിക്സ് (Orthopaedics)
 - ഹീമറ്റോളജി (Haematology)
 - പ്സൈക്യാട്രിക്സ് (Psychiatry)
 - ഇ.എൻ.ടി (ENT)
 - ഓപ്തൽമോളജി (Ophthalmology)
 - ഓർത്തോ (Ortho)
 - പ്ലാസ്റ്റിക് സർജറി (Plastic Surgery)
- ഇതര സേവനങ്ങൾ (Other Service)**
- 24 Hrs അംഗുലി രക്തം (Operation Theatre)
 - 24 Hrs ലാബ് റൂം (Labour Room)
 - 24 Hrs മി.റ്റി.എസ്.എസ്. (CT & XRay)
 - 24 Hrs ഫാർമസി (Pharmacy)
 - 24 Hrs ലാബ് (Lab)
 - അൾട്രാസൗണ്ട് (USG)
 - 24 Hrs മി.റ്റി.എസ്.എസ്. രക്തം (ICU)
 - ന്യൂറോളജി (Neonatal ICU)
 - ന്യൂറോളജി (Neonatal ICU)
 - പാറ്റൻറ് റൂംസ് (Patient Rooms)
 - ജനറൽ മെഡി.എസ്.സി. (Non A.C. Delux)
 - ഫിസിയോളജി (Physiotherapy)
 - ഓപ്തൽമോളജി (Ophthalmology)
 - ഓർത്തോപീഡിക്സ് (Orthopaedics)
 - ഫോട്ടോതെറാപ്പി (Phototherapy)
 - എൻഡോസ്കോപ്പി (Endoscopy)
 - കോളോസ്കോപ്പി (Colonoscopy)
 - യൂറോളജി (Uroflowmetry)
 - ന്യൂറോളജി (Nerve Conduction Study)



